

ABERDEEN:

Whatever it Takes - Monday 7:30 PM

Information: Keith F. 910-229-6171 or aberdeensaa@yahoo.com

CARY:

Early Risers - Monday-Friday 6:30 - 7:30 AM

Location: Kirk of Kildare Presbyterian Church, 200 High Meadow Rd, Cary

CHAPEL HILL:

By the Book (12-Step Study) - Tuesday 6:30 - 7:30 PM

Location: Binkley Baptist, 1712 Willow Drive, Chapel Hill

DURHAM:

11th Step Prayer and Meditation - Monday 7:30 - 8:30 PM

Location: Trinity Presbyterian Church, 927 West Trinity Avenue, Durham

Patio Table Group - Tuesday 12:00 - 1:00 PM

Location: Saint Joseph's Episcopal Church, 1902 West Main Street, Durham

Grace Fellowship Support Group - Thursday 7:30 - 9:00 PM

Location: Watts Street Baptist, 800 Watts St @ Urban Ave, Durham

NORTH RALEIGH:

Second Chance Recovery - Thursday 7:30 - 8:30 PM

Location: The Fountain of Raleigh, 9621 Six Forks Road, Raleigh

RALEIGH:

By the Book (12-Step Study) - Monday 6:30 - 7:30 PM

Location: Fairmont Methodist Church, 2501 Clark Ave, Raleigh

Sobriety Plan Class - Monday 6:45 - 7:45 PM

Location: Fairmont Methodist Church, 2501 Clark Ave, Raleigh

Raleigh Monday - Monday 8:00 - 9:30 PM

Location: Fairmont Methodist Church, 2501 Clark Ave, Raleigh

Women in Recovery - Monday 8:00 - 9:00 PM

Location: Camel Club 4015 Spring Forest Rd, Raleigh

Raleigh Wednesday Night - Wednesday 7:30 - 8:30 PM

Location: Holy Trinity Evangelical Lutheran Church 2723 Clark Avenue, Raleigh

11th Step Prayer and Meditation - Saturday 9:00 - 10:00 AM

Location: Fairmont Methodist Church, 2501 Clark Ave, Raleigh

12-Step Study Class - Saturday 10:15 - 11:30 AM

Location: Fairmont Methodist Church, 2501 Clark Ave, Raleigh

Spiritual Awakenings Group - Sunday 9:00 - 10:00 AM

Location: The Healing Place, 1251 Goode Street, Raleigh

WAKE FOREST:

Tuesday Night - Tuesday 7:30 - 9:00 PM

Location: Morning Glory Center for Creative Healing 523 E. Wait Avenue (98 By-Pass), Wake Forest

TRIANGLE SAA

TRIANGLE AREA MEETING LIST AND LOCATIONS

A PATH TO RECOVERY



I put my hand in yours and together we can do what we could never do alone. No longer is there a sense of hopelessness. No longer must we each depend upon our own unsteady willpower. We are all together now, reaching out our hands for a power and strength greater than ours; and as we join hands, we find love and understanding beyond our wildest dreams.

CARY - CHAPEL HILL - DURHAM - RALEIGH

NORTH RALEIGH - WAKE FOREST

Triangle Area Intergroup of SAA P.O. Box 10772, Raleigh, NC 27605

(800) 921-1896 triangleSAA.org

updated: 12 - Aug 2016

KNOW THE MEETINGS:

updated: 12-Aug 2016

MONDAY

See the back page for the Triangle SAA meeting locations.

Cary:
6:30 - 7:30 AM
Early Risers

Raleigh:
6:30 - 7:30 PM
By the Book

6:45 - 7:45 PM
Sobriety Plan Class

8:00 - 9:30 PM
Raleigh Monday

8:00 - 9:00 PM
Women in Recovery

Durham:
7:30 - 8:30 PM
11th Step Prayer and Meditation

Aberdeen:
7:30 PM
Whatever it Takes

TUESDAY

Cary:
6:30 - 7:30 AM
Early Risers

Durham:
12:00 - 1:00 PM
Patio Table Group

Chapel Hill:
6:30 - 7:30 PM
By the Book

Wake Forest:
7:30 - 9:00 PM
Tuesday Night

WEDNESDAY

Cary:
6:30 - 7:30 AM
Early Risers

Raleigh:
7:30 - 8:30 PM
Raleigh Wednesday Night

THURSDAY

Cary:
6:30 - 7:30 AM
Early Risers

North Raleigh:
7:30 - 8:30 PM
Second Chance Recovery

Durham:
7:30 - 9:00 PM
Grace Fellowship Support Group

FRIDAY

Cary:
6:30 - 7:30 AM
Early Risers

SATURDAY

Raleigh:
9:00 - 10:00 AM
11th Step Prayer and Meditation

10:15 - 11:30 AM
12-Step Study Class

SUNDAY

Raleigh:
9:00 - 10:00 AM
Spiritual Awakenings

A PATH TO RECOVERY:

CHOOSE A HOME GROUP

Look through the meeting list above and choose one as your home meeting.

Every meeting focuses on recovery. If you are looking for a meeting with a specific focus to help you in your path to recovery, this can be your guide.

Feel free to attend as many meetings as you can. All Triangle SAA meetings are open to members of SAA no matter where they are in their recovery, and all focus on multiple aspects of recovery.

BUILD A RECOVERY FOUNDATION

Are you looking to start your recovery, find early support in working the steps, or build a sobriety plan?

Monday - Raleigh:
6:45 - 7:45 PM
Sobriety Plan Class

8:00 - 9:00 PM
Women in Recovery

Thursday - Durham:
7:30 - 8:30 PM
Grace Fellowship Support Group

WORK THE STEPS

Are you looking for discussion on the steps, for accountability partners, or just quiet time to write and journal?

Saturday - Raleigh:
10:15 - 11:30 AM
12-Step Study Class

STUDY THE STEPS

Are you looking to study the steps more deeply?

Monday - Raleigh:
6:30 - 7:30 PM
By the Book

Tuesday - Chapel Hill:
6:30 - 7:30 PM
By the Book

Tuesday - Durham:
12:00 - 1:00 PM
Patio Table Group

Sunday - Raleigh:
9:00 - 10:00 AM
Spiritual Awakenings

DEEPEN YOUR RECOVERY

Are you looking for quiet meditation, and reflection?

Weekdays - Cary:
6:30 - 7:30 AM
Early Risers

Monday - Durham:
7:30 - 8:30 PM
11th Step Prayer and Meditation

Monday - Aberdeen:
7:30 PM
Whatever it Takes

Thursday - N Raleigh:
7:30 - 8:30 PM
Second Chance Recovery

Saturday - Raleigh:
9:00 - 10:00 AM
11th Step Prayer and Meditation

SHARE YOUR RECOVERY

These are larger meetings with group discussions.

Monday - Raleigh:
8:00 - 9:30 PM
Raleigh Monday

Tuesday - Wake Forest:
7:30 - 9:00 PM
Tuesday Night

Wednesday - Raleigh:
7:30 - 8:30 PM
Raleigh Wednesday Night

Thursday - Durham:
7:30 - 9:00 PM
Grace Fellowship Support Group