

The Promises



“If we are painstaking about this phase of our development, we will be amazed before we are halfway through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.”

Excerpt From: AA & Alcoholics Anonymous
World Service. “Alcoholics Anonymous: Big

2019 Summer Workshop

SAA - Workshop (TAI)

**Triangle Area
Intergroup**

Basement Fellowship Hall
Fairmont United Methodist Church
2501 Clark Avenue, Raleigh, NC

Saturday, August 24, 2019
10:30 AM--4:00 PM



Snacks at
10:30 AM



WORKSHOP SCHEDULE:

10:30 am - Gather and Socialize

11:00 am - Anonymity (Alberto R.)

Noon - Pot luck lunch

1:00 pm - Sponsorship (Rich D.)

2:00 pm - Whole house security (Thomas)

3:00 pm - Tech Security (Jeff P.)

4:00 pm - 7th Tradition, closing and Cleanup



WINTER WORKSHOP GOALS:

To spend time in fellowship and recovery with members of SAA in the greater Triangle Area!

THE TWELVE STEPS OF SAA

1. We admitted we were powerless over addictive sexual behavior - that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood God.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked God to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood God, praying only for knowledge of God's will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to other sex addicts and to practice these principles in our lives.



Potluck Lunch

There is no fee for this event.

There will be an opportunity to make a 7th Tradition contribution to help pay for the space. (Rent)

We ask that each person attending the workshop bring **some item of food** to help with a group lunch. Please commit to bring a food item for 4-5 persons. Select from the list shown below:

- 1) Main Dish - casserole, meat, cheese, beans, sandwiches, etc
- 2) Side Dish - vegetable, salad, bread/chips, dips
- 3) Dessert - pie, cake, fruit, chocolate, candy
- 4) Drinks and ice will be provided